



National Alliance for Partnerships in Equity

Discover Your Biases: The Implicit Association Test (IAT)

The implicit bias test is another tool to help you become aware of biases. Many participants find it fun or are curious as to the test results. Others have shared that they either show no bias or find the test unreliable. Taking the implicit bias test is merely a suggestion for those who are curious. Visit the website for explanations of your results, especially if you feel they are inaccurate.

Here's how to take the test:

1. Go to the website: <https://implicit.harvard.edu/implicit/demo/>
2. Go to the demonstration tests. This will show a screen that gives information about confidentiality, how the data are used and a disclaimer.
3. Click ***I Wish to Proceed***. You will see several test choices. It is recommended that you do the Gender-Career IAT and the Gender-Science IAT. Do as many as they wish! The more information the better!