



Supporting Special Populations Students in CTE

A self-paced online course for CTE leaders
and instructors



Module Ten

Supporting Pregnant and Parenting Students



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Challenges for Pregnant & Parenting Students

Pregnant and parenting students may encounter a multitude of hurdles on their path to high school graduation. These hurdles could include:



- Lack of affordable childcare
- Disruption in schoolwork as a result of pregnancy-related absences and parental leave
- Lack of proper support systems
- Difficulty obtaining or lack of accommodations related to pregnancy and parenting

Knowledge is Key!



- Provide all staff with professional development on Title IX of the Education Amendments of 1972 (Title IX)
- Review policies on services for students with temporary medical conditions
- Review the school's policies regarding absenteeism and truancy to ensure pregnant and parenting students rights are protected per Title IX

Strategies - Supports & Services

- Counselors and advisors should be aware of local childcare options and financial supports available to parenting students.
- Keep a current “resource library” of local providers that students can access for any of the following:
 - Mental health services
 - Childcare
 - Tutoring
 - Supplemental nutrition programs
 - Early childhood education programs

Strategies - Supports & Services

- Students must continue to receiving supports and services through an Individualized Education Program (IEP)
- Reasonable accommodations must be provided to students both during and after pregnancy. Examples may include:
 - Larger desks
 - Elevator access
 - Cell phone access for emergency calls
 - Adjusting class schedules
 - Freezing grades while on parental leave
 - Private space for nursing mothers and proper milk storage
- Remember the needs of parenting fathers as well.

Strategies - Supports & Services

- School nurses can aid in:
 - pregnancy identification,
 - referrals to quality prenatal care,
 - parenting education,
 - education regarding prevention of future pregnancy, and
 - referrals to clinical services and healthcare.
- Sponsor student support groups for pregnant and parenting teens.
- Reach out to former students or individuals in their career field as role models.

Module Ten Resources

[Supporting Pregnant and Parenting Teens](#)

[Supporting the Academic Success of Pregnant and Parenting Students](#)

[Supporting Pregnant & Parenting Teens](#)

[Basic Education Circular on Pregnant and Parenting Students](#)

[Education Leading to Employment and Career Training \(ELECT\)](#) – A federally funded program administered by PDE to assist expectant and parenting youth

Module Ten Assignment

Please complete the Module Ten Prompts (Reflection Journal):

1. What did I learn about serving students who are pregnant or mothers in this module?
2. What can I do differently (or continue doing) in my school or classroom to support these students?

Final Reflection – CTE Special Populations Course

Please complete this final reflection relating to the entire course (Reflection Journal):

1. How has the content of the course impacted/influenced your understanding of special populations?

Provide Feedback to Us

Please send an email to to Kandice@NC3T.com to provide us feedback about the course.

Use the following prompts:

- Something I really like about this course was...
- One way the course could be improved is...

Contact/Mission

For more information on supporting special populations students in CTE, please visit PDE's website at www.education.pa.gov

The mission of the department is to academically prepare children and adults to succeed as productive citizens. The department seeks to ensure that the technical support, resources and opportunities are in place for all students, whether children or adults, to receive a high-quality education.



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Congratulations on the completion of “Supporting Special Populations Students in CTE”

To receive a Certificate of Completion,
ask your administrators to send an email to: Kandice@NC3T.com.

Include in subject line: **PDE Special Populations Course Certificate**
In the email, please provide:

- Name of school,
- Name of instructor who took the course
- Contact information for the administrator